



Virginia Mason™

# Finding the "Perfect Job" If It Exists

My Experience and Lessons I Learned

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Pacific Northwest Endovascular Conference  
Summit for Vascular Trainees  
June 14, 2018

# Disclosures

- None
- There is no perfect job

# Outline

- Know what you want
- Know what your job wants



# Outline

- Be the perfect trainee and then the perfect vascular surgeon



“Practice does not make perfect. Only perfect practice makes perfect.”

Vince Lombardi

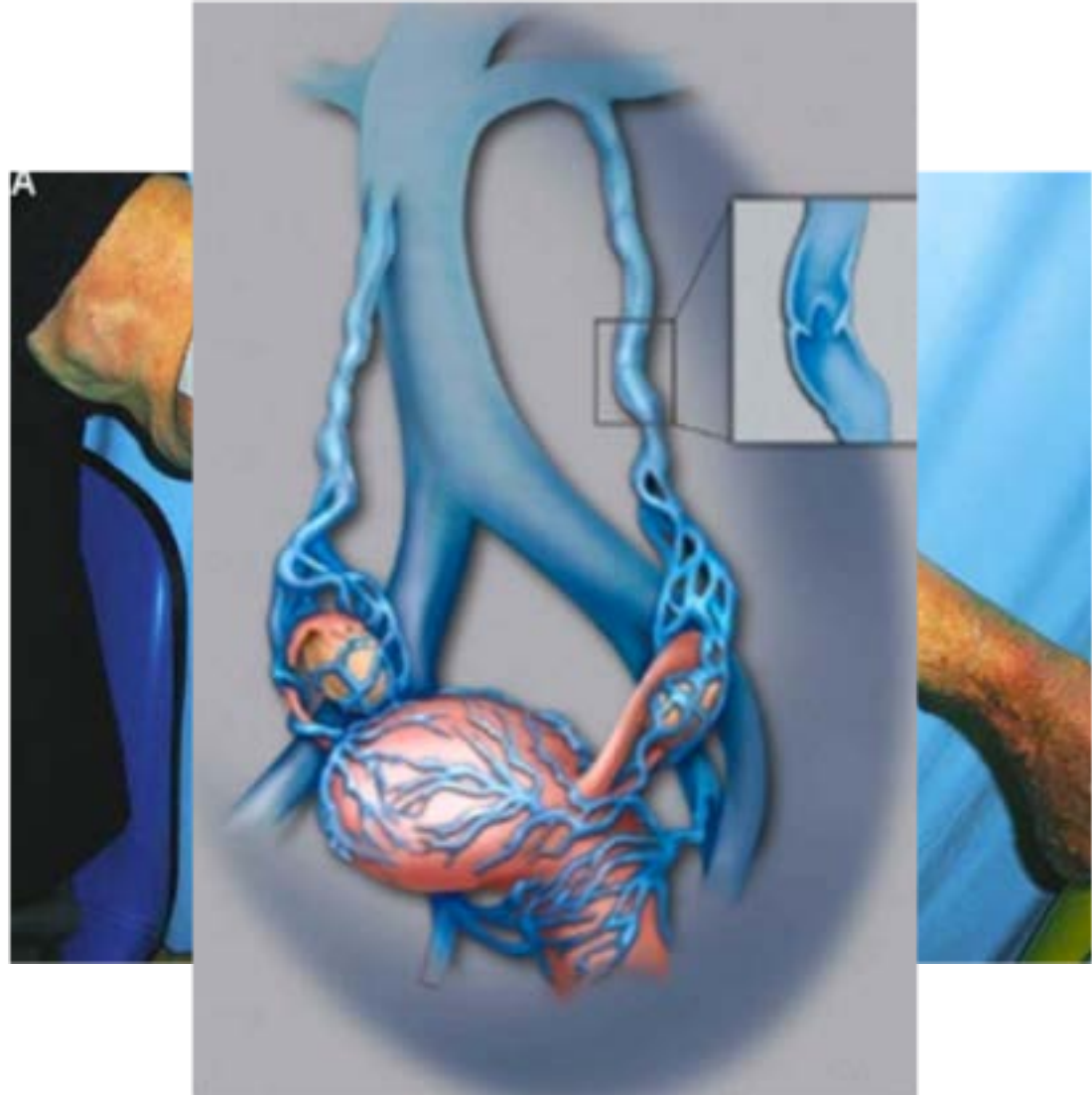
# Know What You Want

- Professional component
- Personal component



# Know What You Want: Clinical

- You're a vascular surgeon now!

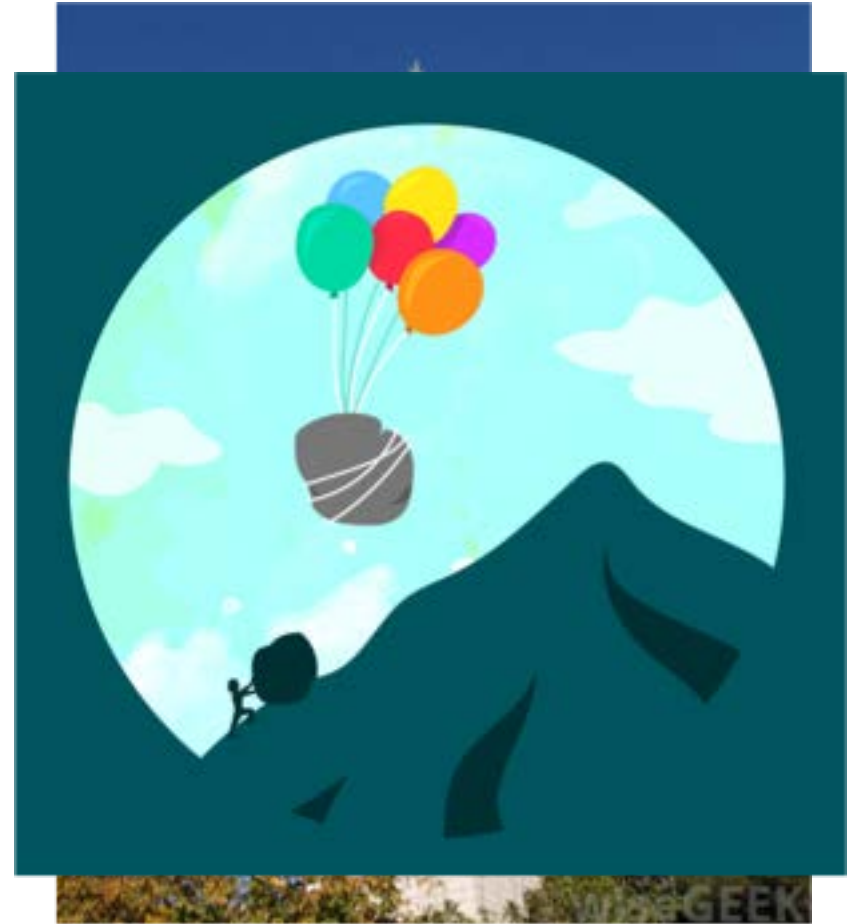


# Know What You Want: Clinical

- What have you done?
- What do you do well?
- What do you want to do?

# Know What You Want: Practice

- Academic practice
- Hospital employee
- Private practice





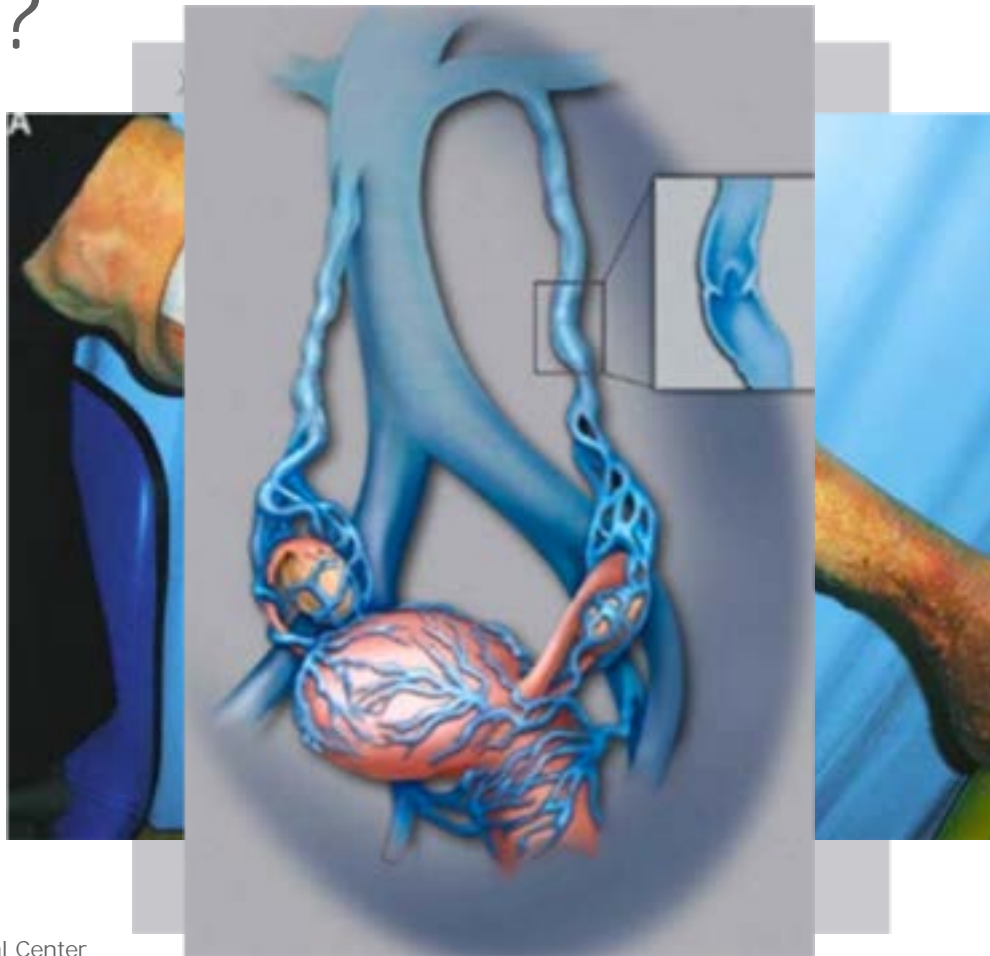
# Know What You Want: Personal

- The more satisfied you are at work, the happier you will be at home AND vice versa!



# Know What Job Wants: Clinical

- What cases are you going to be doing?



# Know the Job: Growth

- Understand potential for growth
- Clinical outreach
- Transfers
- Moving up, moving out



# Know the Job: Productivity

- Clinical volume

Fwd: YTD cases summary

To: Nathan, Derek

Retention Policy: VM Deleted Items 14 (2 weeks)

**i** This item will expire in 7 days. To keep this item longer apply a different Retention Policy.

through 01/13/2018

	Budgeted	Actual	variance	variance%
Alseidi	109	105	-4	-4%
Biehl	134	153	19	14%
Helton	107	141	34	32%
Rocha	95	84	-11	-12%
<b>HPB Total</b>	<b>445</b>	<b>483</b>	<b>38</b>	<b>9%</b>
Low	57	48	-9	-16%
Hubka	117	118	1	1%
Kuppusamy	77	50	-27	-35%
<b>Thoracic Total</b>	<b>251</b>	<b>216</b>	<b>-35</b>	<b>-14%</b>
Chang	77	83	6	8%
Kumar	126	71	-55	-44%
Moonka	131	144	13	10%
Thirlby	20	26	6	30%
Brandenberger*	64	70	6	9%
Wiebusch	107	92	-15	-14%
<b>General Total</b>	<b>525</b>	<b>486</b>	<b>-39</b>	<b>-7%</b>
Pierce*	124	113	-11	-9%
Aranson	127	35	-92	-72%
Nathan	158	163	5	3%
<b>Vascular Total</b>	<b>409</b>	<b>311</b>	<b>-98</b>	<b>-24%</b>
Wechter	94	123	29	31%
Grumley	98	101	3	3%
<b>Breast Total</b>	<b>192</b>	<b>224</b>	<b>32</b>	<b>17%</b>
Hunter*	88	103	15	17%
Stepan*	38	35	-3	-8%
<b>Federal Way Total</b>	<b>126</b>	<b>138</b>	<b>12</b>	<b>10%</b>
<b>Total- All Providers</b>	<b>1948</b>	<b>1858</b>	<b>-90</b>	<b>-5%</b>

# Know the Job: Productivity

- Research
  - Protected time?



# Know the Job: Partners

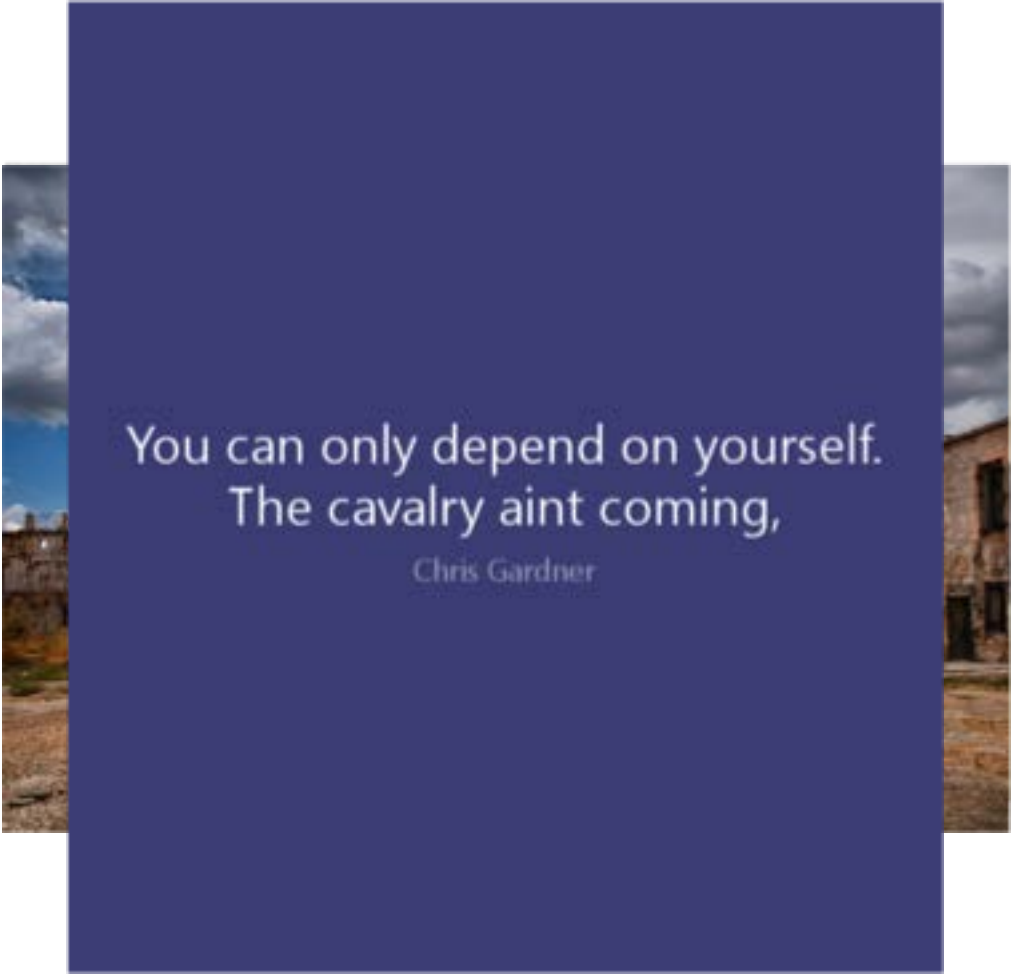
- Do you fit with them?





# Know the Job: Partners

- What kind of help can you expect?



You can only depend on yourself.  
The cavalry aint coming,

Chris Gardner

# Know the Job: Personal

- Family on East Coast or West Coast
- Which bird do you like: Eagles or Seahawks?





# Job Satisfaction

- Expectations = reality



# Epilogue

- The way to find the perfect job is to be the perfect trainee
  - Three As: affable, available, able
  - Competence = confidence

# Acknowledgements

- Dr. Singh and PNEC Program Committee
- Dr. Starnes, Dr. Singh, Dr. Tang, UW faculty, and Dr. Ben Jackson for their mentorship while I was applying for jobs
- Virginia Mason Medical Center for hiring me & continuing to employ me



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Each Person.  
Every Moment.  
**Better Never Stops.**