# WHY STAGE YOUR LIMB PRESERVATION SURGERIES?

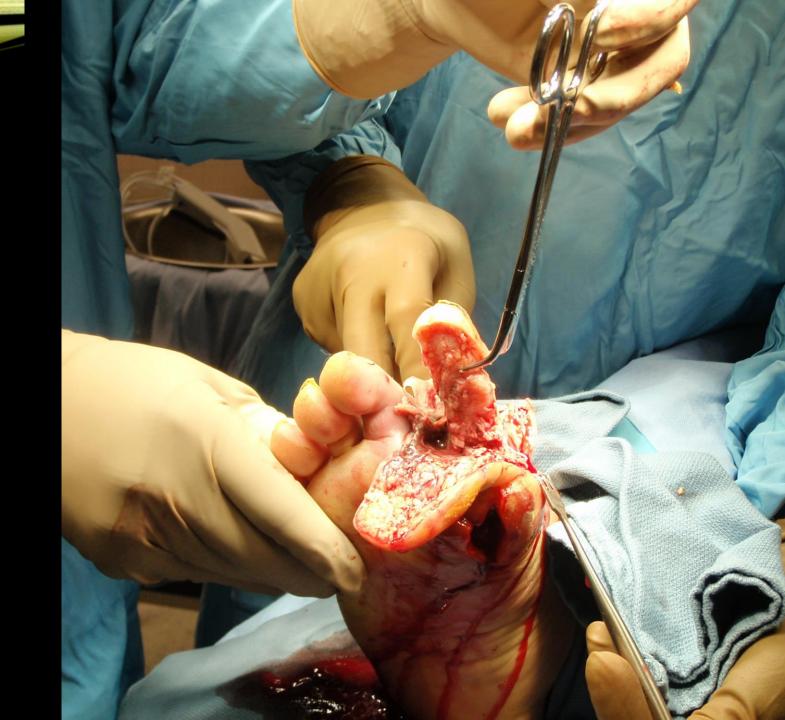
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May 2019

### DISCLOSURES

- No financial disclosures
- The views expressed herein are my views and do not reflect the official policy of the Department of the Army, the Department of Defense or the U.S. Government

## **OBJECTIVES**

- What does staged surgery entail?
- Discuss literature support for a staged surgical approach



# CAPOBIANCO, STAPLETON AND ZGONIS. OCT 2010

"Limb salvage among the diabetic population, when feasible, can improve function with fewer ionotropic cardiac effects than a major limb amputation."



## STAGED SURGERY

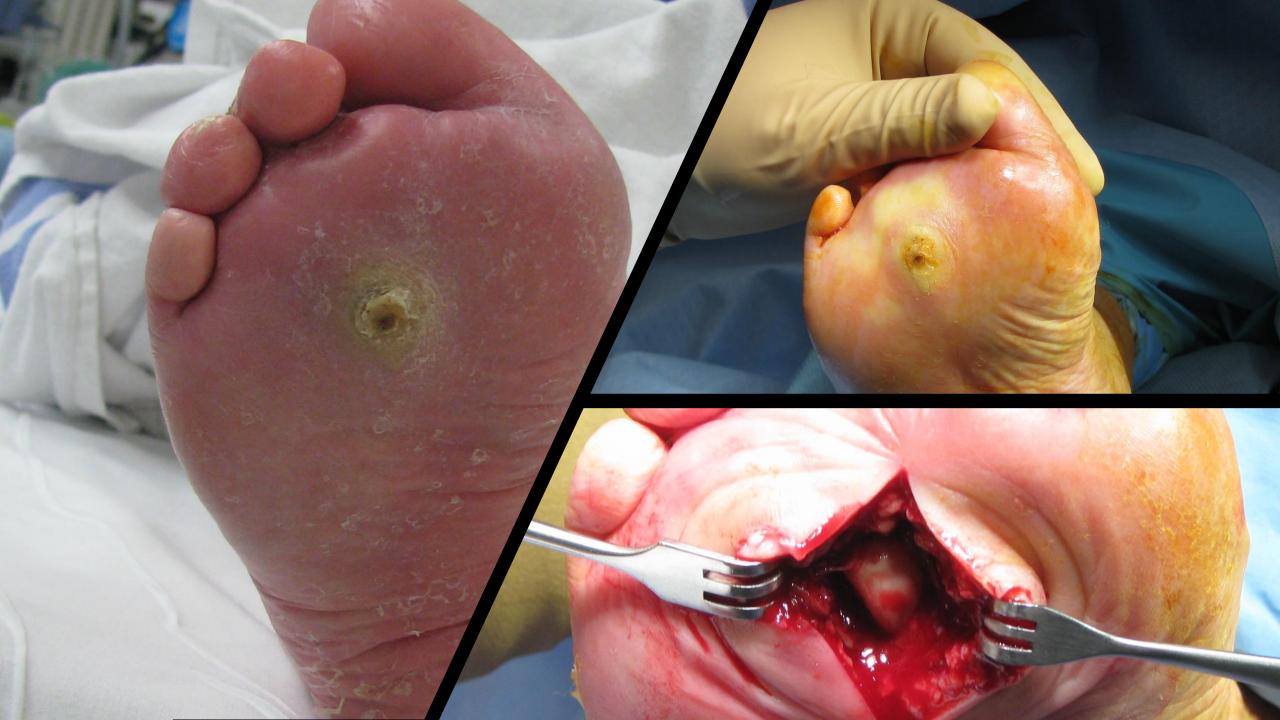
- Infection control
- Vascular assessment
- Reconstructive surgery



# INFECTION CONTROL

- Infection control aids in medical stabilization
- Focus on the Here and Now, not the What will Be
  - Thorough
     examination of all
     involved tissues
  - Resection of <u>ALL</u> infected soft tissue and bone



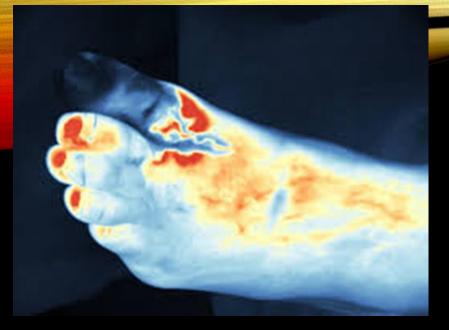




Debridement Completion

After 3 days of packing





## VASCULAR ASSESSMENT

- Preoperative assessment
  - Palpation of pulses
  - Bedside doppler exam
- Intraoperative assessment
  - Gross tissue bleeding
  - Fluorescent angiography
- Postoperative assessment
  - ABI/TBI

Vascular Surgeon Consult

## MHAT ELSES

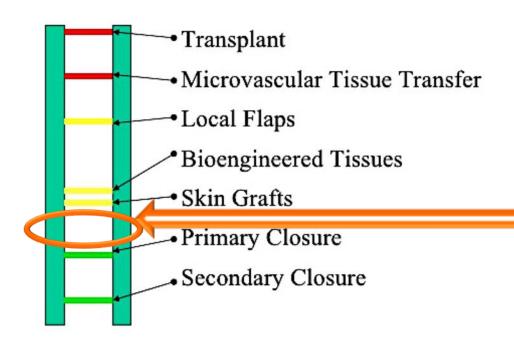
#### Medical

- Glucose control/Comorbidity management
- Antibiotic administration
- Discharge planning
- Surgical
  - Serial debridements
  - Bandage changes
  - Edema management
  - Immobilization
  - Offloading



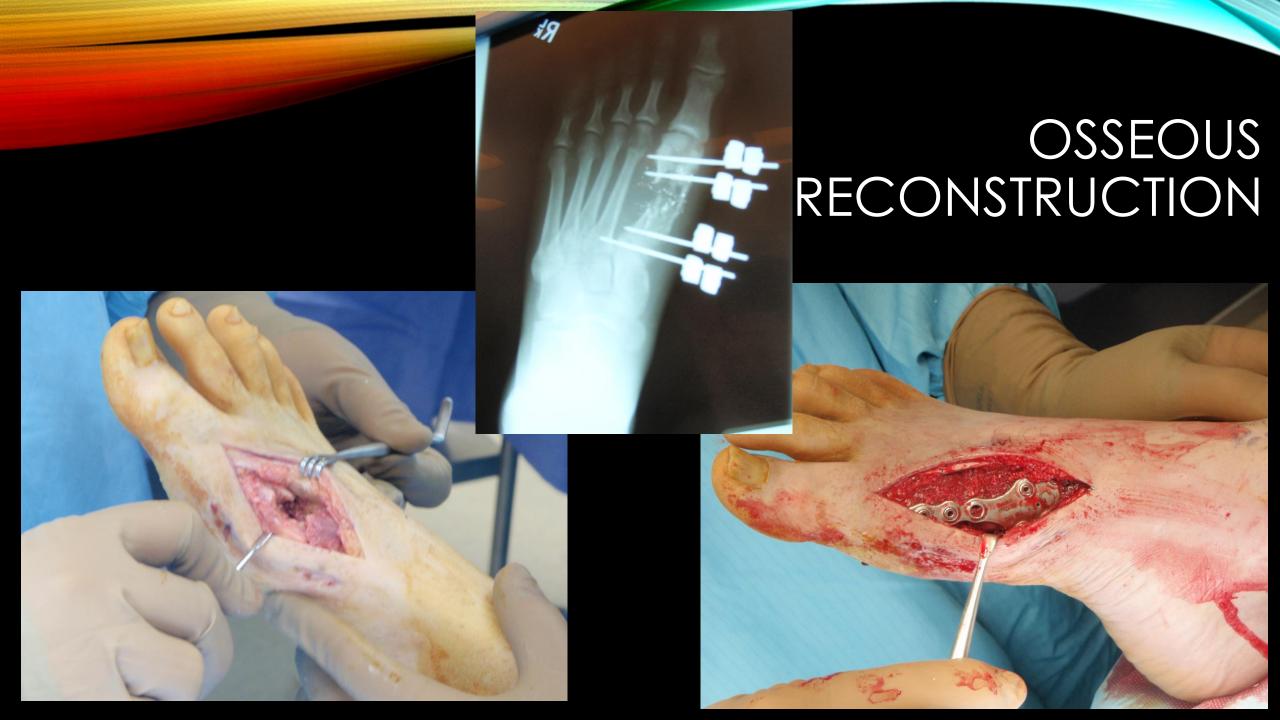
## SOFT TISSUE RECONSTRUCTION

#### Reconstructive Ladder

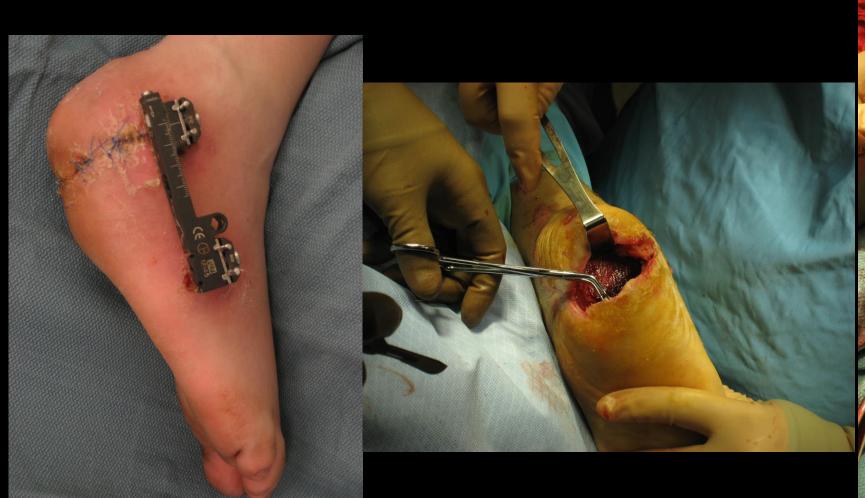


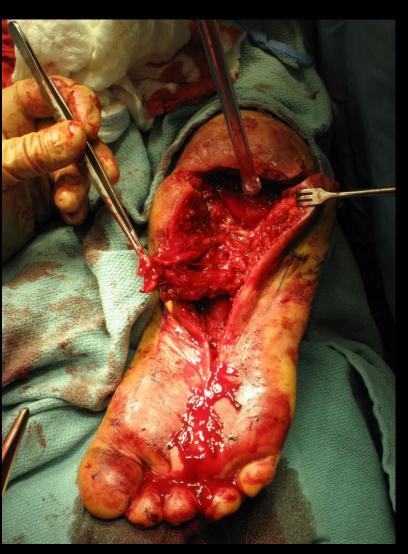


Negative Pressure Wound Therapy



## COMBINED RECONSTRUCTION





## LITERATURE SUPPORT FOR STAGED SURGERY

- Silva et al., Annals of Vascular Surgery (2018)
  - One-stage amputations vs staged amputations
  - Retrospective
  - N=185 pts with critical limb ischemia (207 amputations)
    - 106 one-stage
    - 101 staged
- Staged amputations had higher success rate, lower perioperative mortality rate, lower 30 day mortality rate
- The level of amputation was higher using the one-stage method

## LITERATURE SUPPORT FOR STAGED SURGERY

#### Berceli et al.(2006)

- Open amputations vs Staged amputations vs One-staged closed amputations
- Staged closure healed faster without negatively impacting the risk of major limb amputation

#### **Fisher et al.(1988)**

- One-stage vs Twostage amputations
- One-stage amputations had more wound complications

#### Altindas et al.(2011)

- Staged transtibial amputations
- Risk of unnecessary tissue sacrifice and failure rate of the secondary transtibial amputation was reduced

## OSTEOMYELITIS TREATMENT FAILURE

- Treatment failure of 20%-35%
- Barshes et al.(2016)
  - 184 cases of foot osteomyelitis with 23.4% were repeat offenders
  - 339 organisms were identified in total = 2.4 organisms per bone culture
  - E coli and Pseudomonus aeruginosa had increased treatment failures
  - MRSA was not associated with higher rates of treatment failure
  - Staged closure had lower rate of failure (p=0.01)
  - Severe PAD,PAD that was incompletely assessed, or occluded bypass grafts had higher rates of treatment failure

## CONCLUSIONS

- Staged surgery for the infected diabetic foot has been shown to be a safe option that reduces risk for further return to the OR
- Vascular evaluation is key
- Proper source control is vital to the success of the process



### LITERATURE CITED

- 1. Capobianco CM, Stapleton JJ, and T Zgonis. Surgical Management of Diabetic Foot and Ankle Infections. 2010. Foot and Ankle Specialist; 3(5):223-230.
- 2. Silva LR et al. Results of One-Stage or Staged Amputations of Lower Limbs Consequent to Critical Limb Ischemia and Infection. 2018. Annals of Vasc Surg;46:218-225.
- 3. Barshes NR et al. Treatment Failure and Leg Amputation among Patients with Foot Osteomyelitis. 2016. Int J Lower Extremity Wounds;15(4):303-312.